



## ADAPTIVE RECREATION

### Bowling

This bowling league is designed for individuals with special needs and/or physical disabilities.

**LOCATION:** Yosemite Lanes  
2301 Yosemite Boulevard

#49052 6+ yrs 16 sessions/\$44  
May 24-Sep 6 Thu, 4-6 pm

### Friday Night Out

This social recreation program for persons with disabilities ages six and up promotes healthy socialization, builds self-esteem, and develops leisure awareness through the use of games, crafts, music and special events. Co-sponsored by the Special Olympics.

**First Friday of each month.**

**No Friday Night Out in June, July or August. Program will resume Friday, September 7, 2012.**

**LOCATION:** Senior Citizens Center  
211 Bodem Street

6+ yrs 7-9:30 pm

### Spring Social

Start your Spring off with a night of music by John Wray and refreshments.

May 4 Fri FREE

### Senior/Disabled Swim

A drop-in program for seniors and disabled persons designed to stretch their muscles, work their joints and get them moving in an indoor heated therapeutic pool. A swim card is required. Cash is not accepted at pool site (see box on next page for more information). Pool closed on major holidays.

**LOCATION:** Burriss Pool, Sonoma Elem.  
1325 Sonoma Avenue

April 2-June 7 Mon-Thu, 3:30-5 pm

June 18-August 2 Mon-Thu, 12:30-2 pm



## AQUATICS

Classes offer orientation to the aquatics environment and encourage water safety.

**Swimsuit required.**

**Participants must wear swim diaper or be toilet trained.**

**No exceptions.**

Due to circumstances beyond our control, the City of Modesto reserves the right to extend classes, if necessary, to complete the entire swim program. Cancelled classes may need to be made up on a day other than a regularly scheduled class day and/or after the posted ending date.

## SPRING LESSONS

(Summer lessons on Pg 4)

### Adult & Child

Class designed to help develop swimming readiness by leading parents and their children in water exploration activities with the objectives of having fun and being comfortable in, on and around the water.

*Adult must accompany child in water during class.*

**LOCATION:** Burriss Pool, Sonoma Elem.  
1325 Sonoma Ave, Modesto

#49252 1-4 yrs 8 sessions/\$35  
Apr 30-May 23 Mon, Wed, 5:30-5:55 pm

#49205 1-4 yrs 8 sessions/\$35  
May 1-May 24 Tue, Thu, 6-6:25 pm

### Preschool Aquatics

The preschool aquatic program is the next step following the Adult & Child class; designed to teach fundamental water safety and aquatics skills to beginners. The class will help young swimmers enjoy using the pool and learn to feel comfortable in, on and around the water on their own. Preschool aquatic program will lay the foundation needed for young swimmers to progress

**LOCATION:** Burriss Pool, Sonoma Elem.  
1325 Sonoma Avenue

#49170 3-5 yrs 8 sessions/\$35  
Apr 30-May 23 Mon, Wed, 6:30-6:55 pm

#49171 3-5 yrs 8 sessions/\$35  
May 1-May 24 Tue, Thu, 5:30-5:55 pm

### Level 1 –

#### Intro to Water Skills

Prerequisite: Completion of Preschool Aquatics class. This course continues to orient children to the aquatic environment and teaches elementary swimming skills that will be built upon as they progress through the City of Modesto Aquatic Program. Teaches supported floating, kicking on front and back, and alternating arm action.

**LOCATION:** Burriss Pool, Sonoma Elem.  
1325 Sonoma Avenue

#48956 3-6 yrs 8 sessions/\$35  
Apr 30-May 23 Mon, Wed, 6-6:25 pm

#48988 3-6 yrs 8 sessions/\$35  
May 1-May 24 Tue, Thu, 7-7:25 pm

### Level 2 –

#### Fundamental Aquatic Skills

Prerequisites: Completion of Level 1, unsupported front and back floats, swim on front and back at least five (5) feet. Students will learn to demonstrate rhythmic breathing, front and back glides, combined front and back stroke, rolling over from front to back and treading water.

**LOCATION:** Burriss Pool, Sonoma Elem.  
1325 Sonoma Avenue

#49125 6-10 yrs 8 sessions/\$35  
Apr 30-May 23 Mon, Wed, 7-7:25 pm

#49135 6-10 yrs 8 sessions/\$35  
May 1-May 24 Tue, Thu, 6:30-6:55 pm

**Spring swim lessons  
continued on following page.**

**Private Swim Lessons**

One-on-one swim instruction provided for youth and adults. Teaches skills required for level of instruction participant is seeking.

**LOCATION: Burris Pool, Sonoma Elem.**  
1325 Sonoma Avenue

#49291 3+ yrs 8 sessions/\$110  
Apr 30-May 23 Mon, Wed, 7:30-7:55 pm

#49292 3+ yrs 8 sessions/\$110  
May 1-May 24 Tue, Thu, 5-5:25 pm

**Semi-Private Swim Lessons**

Class designed for 2-4 participants making class size smaller than group lessons, enabling instructors to focus on individual skills participants are seeking.

**LOCATION: Burris Pool, Sonoma Elem.**  
1325 Sonoma Avenue

#49409 5-12 yrs 8 sessions/\$60  
Apr 30-May 23 Mon, Wed, 5-5:25 pm

#49424 5-12 yrs 8 sessions/\$60  
May 1-May 24 Tue, Thu, 7:30-7:55 pm

**SWIM CARD PRICING**

Swim cards are required for Senior/Disabled Swim at Burris Pool and may be used at the Johansen High Pool. Cards are available for purchase at the following locations:

Tenth Street Place  
1010 Tenth Street, Ste. 4400

Senior Citizens Center  
211 Bodem Street

Maximum 20 uses per card.

**Per day pricing**

Senior (62 and older) \$1.25  
Disabled \$1.25  
Adult \$2.00  
Youth \$1.00

**SUMMER SWIM LESSONS**

Swimming Session Key
Session 1 (June 18 – June 28)
Session 2 (July 9 – July 19)
Session 3 (July 23 – August 2)

*\*All Summer swim lessons are two weeks, Mon-Thurs*

**Adult & Child**

Class designed to help develop swimming readiness by leading parents and their children in water exploration activities with the objectives of having fun and being comfortable in, on and around the water. *Adult must accompany child in water during class.*

**LOCATION: Burris Pool, Sonoma Elem.**  
1325 Sonoma Ave, Modesto

**1-4 yrs Mon-Thur 8 sessions/\$35**

#49202	Jun 18-Jun 28	3:30-3:55 pm
#49203	Jun 18-Jun 28	6-6:25 pm
#49219	Jul 9-Jul 19	4-4:25 pm
#49208	Jul 9-Jul 19	6-6:25 pm
#49220	Jul 23-Aug 2	5-5:25 pm

**LOCATION: Graceada Park**

401 Needham Street, Modesto

**1-4 yrs Mon-Thur 8 sessions/\$35**

#49209	Jun 18-Jun 28	11:30-11:55 am
#49210	Jun 18-Jun 28	6:30-6:55 pm
#49212	Jul 9-Jul 19	11-11:25 am
#49214	Jul 9-Jul 19	3:30-3:55 pm
#49211	Jul 9-Jul 19	6:30-6:55 pm
#49213	Jul 23-Aug 2	11:30-11:55 am
#49218	Jul 23-Aug 2	6-6:25 pm

**LOCATION: Johansen High School Pool**

461 Norseman Drive, Modesto

**1-4 yrs Mon-Thur 8 sessions/\$35**

#49204	Jun 18-Jun 28	11-11:25 am
#49206	Jun 18-Jun 28	5:30-5:55 pm
#49216	Jul 9-Jul 19	10:30-10:55 am
#49652	Jul 9-Jul 19	12-12:25 pm
#49207	Jul 9-Jul 19	5:30-5:55 pm

#49215	Jul 23-Aug 2	11-11:25 am
#49217	Jul 23-Aug 2	4:30-4:55 pm

**Preschool Aquatics**

The preschool aquatic program is the next step following the Adult & Child class; designed to teach fundamental water safety and aquatics skills to beginners. The class will help young swimmers enjoy using the pool and learn to feel comfortable in, on and around the water on their own. Preschool aquatic program will lay the foundation needed for young swimmers to progress.

**LOCATION: Burris Pool, Sonoma Elem.**  
1325 Sonoma Avenue, Modesto

**3-5 yrs Mon-Thur 8 sessions/\$35**

#49161	Jun 18-Jun 28	2:30-2:55 pm
#49162	Jun 18-Jun 28	4:30-4:55 pm
#49163	Jun 18-Jun 28	6:30-6:55 pm
#49164	Jul 9-Jul 19	3:30-3:55 pm
#49165	Jul 9-Jul 19	5-5:25 pm
#49166	Jul 9-Jul 19	7-7:25 pm
#49167	Jul 23-Aug 2	3-3:25 pm
#49173	Jul 23-Aug 2	4:30-4:55 pm
#49168	Jul 23-Aug 2	6:30-6:55 pm

**LOCATION: Graceada Park**

401 Needham Street, Modesto

**3-5 yrs Mon-Thur 8 sessions/\$35**

#49152	Jun 18-Jun 28	11-11:25 am
#49153	Jun 18-Jun 28	4:30-4:55 pm
#49154	Jun 18-Jun 28	6-6:25 pm
#49155	Jul 9-Jul 19	11:30-11:55 am
#49156	Jul 9-Jul 19	4:30-4:55 pm
#49157	Jul 9-Jul 19	6-6:25 pm
#49158	Jul 23-Aug 2	12-12:25 pm
#49159	Jul 23-Aug 2	3:30-3:55 pm
#49160	Jul 23-Aug 2	5-5:25 pm
#49169	Jul 23-Aug 2	6:30-6:55 pm

**Level 1 –  
Intro to Water Skills**

Prerequisite: Completion of Preschool Aquatics class. This course continues to orient children to the aquatic environment and teaches elementary swimming skills that will be built upon as they progress through the City of Modesto Aquatics Program. Teaches supported floating, kicking on front and back, and alternating arm action.

**LOCATION: Burris Pool, Sonoma Elem.**  
1325 Sonoma Avenue, Modesto  
**4-6 yrs Mon-Thur 8 sessions/\$35**

#48959	Jun 18-Jun 28	3-3:25 pm
#48952	Jun 18-Jun 28	5:30-5:55 pm
#48953	Jun 18-Jun 28	7-7:25 pm
#48971	Jul 9-Jul 19	3-3:25 pm
#48960	Jul 9-Jul 19	4:30-4:55 pm
#48961	Jul 9-Jul 19	6:30-6:55 pm
#48973	Jul 23-Aug 2	3:30-3:55 pm
#48978	Jul 23-Aug 2	6-6:25 pm
#48972	Jul 23-Aug 2	7:30-7:55 pm

**LOCATION: Graceada Park**  
401 Needham Street, Modesto  
**4-6 yrs Mon-Thur 8 sessions/\$35**

#48955	Jun 18-Jun 28	12-12:25 pm
#48974	Jun 18-Jun 28	3:30-3:55 pm
#48981	Jun 18-Jun 28	5-5:25 pm
#48982	Jun 18-Jun 28	7-7:25 pm
#48979	Jul 9-Jul 19	12:30-12:55 pm
#48985	Jul 9-Jul 19	4-4:25 pm
#48987	Jul 9-Jul 19	5:30-5:55 pm
#48980	Jul 23-Aug 2	11:00-11:25 am
#48983	Jul 23-Aug 2	4:00-4:25 pm
#48984	Jul 23-Aug 2	5:30-5:55 pm
#48986	Jul 23-Aug 2	7-7:25 pm

**LOCATION: Johansen High School Pool**  
461 Norseman Drive, Modesto  
**4-6 yrs Mon-Thur 8 sessions/\$35**

#48954	Jun 18-Jun 28	10:30-10:55 am
#48965	Jun 18-Jun 28	11:30-11:55 am
#48957	Jun 18-Jun 28	4:30-4:55 pm
#48958	Jun 18-Jun 28	5:30-5:55 pm
#48962	Jun 18-Jun 28	6:30-6:55 pm
#48963	Jul 9-Jul 19	10-10:25 am
#48969	Jul 9-Jul 19	11-11:25 am
#48966	Jul 9-Jul 19	5-5:25 pm
#48967	Jul 9-Jul 19	6-6:25 pm
#48970	Jul 23-Aug 2	10:30-10:55 am
#48975	Jul 23-Aug 2	12-12:25 pm
#48976	Jul 23-Aug 2	5-5:25 pm
#48977	Jul 23-Aug 2	6-6:25 pm

**Level 2 –  
Fundamental Aquatic Skills**

Prerequisites: Completion of Level 1, unsupported front and back floats, swim on front and back at least five (5) feet. Students will learn to demonstrate rhythmic breathing, front and back glides, combined front and back stroke, rolling over from front to back and treading water.

**LOCATION: Burris Pool, Sonoma Elem.**  
1325 Sonoma Avenue, Modesto  
**6-10 yrs Mon-Thur 8 sessions/\$35**

#49102	Jun 18-Jun 28	4-4:25 pm
#49103	Jun 18-Jun 28	5-5:25 pm
#49104	Jun 18-Jun 28	7:30-7:55 pm
#49115	Jul 9-Jul 19	2:30-2:55 pm
#49116	Jul 9-Jul 19	5:30-5:55 pm
#49117	Jul 9-Jul 19	7:30-7:55 pm
#49123	Jul 23-Aug 2	4-4:25 pm
#49124	Jul 23-Aug 2	5:30-5:55 pm
#49126	Jul 23-Aug 2	7-7:25 pm

**LOCATION: Graceada Park**  
401 Needham Street, Modesto  
**6-10 yrs Mon-Thur 8 sessions/\$35**

#49129	Jun 18-Jun 28	12:30-12:55 pm
#49132	Jun 18-Jun 28	4-4:25 pm
#49128	Jun 18-Jun 28	5:30-5:55 pm
#49130	Jul 9-Jul 19	12-12:25 pm
#49134	Jul 9-Jul 19	5-5:25 pm
#49133	Jul 9-Jul 19	7-7:25 pm
#49127	Jul 23-Aug 2	12:30-12:55 pm
#49136	Jul 23-Aug 2	4:30-4:55 pm

**LOCATION: Johansen High School Pool**  
461 Norseman Drive, Modesto  
**6-10 yrs Mon-Thur 8 sessions/\$35**

#49105	Jun 18-Jun 28	10-10:25 am
#49106	Jun 18-Jun 28	11-11:25 am
#49107	Jun 18-Jun 28	12-12:25 pm
#49108	Jun 18-Jun 28	5-5:25 pm
#49109	Jun 18-Jun 28	6-6:25 pm
#49111	Jul 9-Jul 19	10:30-10:55 am
#49112	Jul 9-Jul 19	11:30-11:55 am
#49113	Jul 9-Jul 19	4:30-4:55 pm
#49114	Jul 9-Jul 19	6-6:25 pm
#49120	Jul 23-Aug 2	10-10:25 am
#49119	Jul 23-Aug 2	11:30-11:55 am
#49121	Jul 23-Aug 2	5-5:25 pm
#49131	Jul 23-Aug 2	6-6:25 pm

Summer Swim Lessons are co-sponsored by Modesto Irrigation District



**Level 3 –  
Stroke Development**

Prerequisites: Completion of Level 2; Front and back float for 5 seconds, swim on front and back 15 feet using arm and leg motions. Students will learn to demonstrate rotary breathing, front and back glides traveling two body lengths, front and back crawl and elementary backstroke 15 feet..

**LOCATION: Johansen High School Pool**  
461 Norseman Drive, Modesto  
**6-12 yrs Mon-Thur 8 sessions/\$35**

#49352	Jun 18-Jun 28	10:30-10:55am
#49353	Jun 18-Jun 28	12-12:25 pm
#49355	Jun 18-Jun 28	5-5:25 pm
#49356	Jun 18-Jun 28	6-6:25 pm
#49357	Jul 9-Jul 19	10-10:25 am
#49354	Jul 9-Jul 19	11:30-11:55 am
#49358	Jul 9-Jul 19	4:30-4:55 pm
#49359	Jul 9-Jul 19	6:30-6:55 pm
#49360	Jul 23-Aug 2	10-10:25 am
#49361	Jul 23-Aug 2	11:30-11:55 am
#49362	Jul 23-Aug 2	5:30-5:55 pm
#49363	Jul 23-Aug 2	6:30-6:55 pm

**Level 4 –  
Stroke Improvement**

Prerequisites: Completion of Level 3 Aquatics; Jump in chest deep water, front and back crawl 15 yards with breathing, 30 second float or tread. Students will learn to demonstrate deep water floats and dives, open turns, tread water, front and back crawl 25 yards, butterfly, breaststroke and backstroke 15 yards.

**LOCATION: Johansen High School Pool**  
461 Norseman Drive, Modesto  
**8-14 yrs Mon-Thur 8 sessions/\$35**

#49367	Jun 18-Jun 28	11-11:25 am
#49368	Jun 18-Jun 28	6:30-6:55 pm
#49365	Jul 9-Jul 19	10-10:25 am
#49653	Jul 9-Jul 19	12-12:25 pm
#49369	Jul 9-Jul 19	5-5:25 pm

#49366	Jul 23-Aug 2	10:30-10:55 am
#49370	Jul 23-Aug 2	12-12:25 pm
#49371	Jul 23-Aug 2	5:30-5:55 pm

**Level 5 –  
Stroke Refinement**

Prerequisites: Completion of Level 4; Front and back crawl 25 yards, 1 minute float, backstroke & breaststroke 15 yards. Students will learn to demonstrate 2 minute float and tread, flip turns, front and back crawl 50 yards, butterfly, breaststroke, side-stroke, elementary backstroke 25 yards.

**LOCATION: Johansen High School Pool**  
461 Norseman Drive, Modesto  
**10-17 yrs Mon-Thur 8 sessions/\$35**

#49402	Jun 18-Jun 28	10-10:25 am
#49403	Jun 18-Jun 28	6-6:25 pm
#49404	Jul 9-Jul 19	11-11:25 am
#49405	Jul 9-Jul 19	6:30-6:55 pm
#49406	Jul 23-Aug 2	11-11:25 am
#49408	Jul 23-Aug 2	12-12:25 pm
#49407	Jul 23-Aug 2	6:30-6:55 pm

**Private Swim Lessons**

One-on-one swim instruction provided for youth and adults. Teaches skills required for level of instruction participant is seeking.

**LOCATION: Johansen High School Pool**  
461 Norseman Drive, Modesto  
**3+ yrs Mon-Thur 8 sessions/\$110**

#49256	Jun 18-Jun 28	10-10:25 am
#49296	Jun 18-Jun 28	10-10:25 am
#49261	Jun 18-Jun 28	10:30-10:55 am
#49262	Jun 18-Jun 28	10:30-10:55 am
#49259	Jun 18-Jun 28	11-11:25 am
#49265	Jun 18-Jun 28	11:30-11:55 am
#49298	Jun 18-Jun 28	11:30-11:55 am
#49297	Jun 18-Jun 28	12-12:25 pm
#49258	Jun 18-Jun 28	12-12:25 pm
#49267	Jun 18-Jun 28	4:30-4:55 pm

#49257	Jun 18-Jun 28	4:30-4:55 pm
#49255	Jun 18-Jun 28	5-5:25 pm
#49268	Jun 18-Jun 28	5:30-5:55 pm
#49276	Jun 18-Jun 28	5:30-5:55 pm
#49277	Jun 18-Jun 28	6-6:25 pm
#49260	Jun 18-Jun 28	6:30-6:55 pm
#49294	Jun 18-Jun 28	6:30-6:55 pm
#49283	Jul 9-Jul 19	10-10:25 am
#49263	Jul 9-Jul 19	10:30-10:55 am
#49264	Jul 9-Jul 19	11-11:25 am
#49266	Jul 9-Jul 19	11-11:25 am
#49280	Jul 9-Jul 19	11:30-11:55 am
#49269	Jul 9-Jul 19	12-12:25 pm
#49295	Jul 9-Jul 19	12-12:25 pm
#49272	Jul 9-Jul 19	4:30-4:55 pm
#49275	Jul 9-Jul 19	5-5:25 pm
#49287	Jul 9-Jul 19	5-5:25 pm
#49274	Jul 9-Jul 19	5:30-5:55 pm
#49289	Jul 9-Jul 19	5:30-5:55 pm
#49254	Jul 9-Jul 19	6-6:25 pm
#49281	Jul 9-Jul 19	6:30-6:55 pm
#49654	Jul 9-Jul 19	6:30-6:55 pm
#49279	Jul 23-Aug 2	10-10:25 am
#49278	Jul 23-Aug 2	10:30-10:55 am
#49270	Jul 23-Aug 2	11-11:25 am
#49284	Jul 23-Aug 2	11-11:25 am
#49271	Jul 23-Aug 2	11:30-11:55 am
#49273	Jul 23-Aug 2	12-12:25 pm
#49286	Jul 23-Aug 2	4:30-4:55 pm
#49293	Jul 23-Aug 2	4:30-4:55 pm
#49285	Jul 23-Aug 2	5-5:25 pm
#49302	Jul 23-Aug 2	5-5:25 pm

**Private Swim Lessons Continued**

#49288	Jul 23-Aug 2	5:30-5:55 pm
#49300	Jul 23-Aug 2	5:30-5:55 pm
#49282	Jul 23-Aug 2	6-6:25 pm
#49303	Jul 23-Aug 2	6:30-6:55 pm
#49655	Jul 23-Aug 2	6:30-6:55 pm

**Semi-Private Swim Lessons**

Class designed for 2-4 participants making class size smaller than group lessons, enabling instructors to focus on individual skills participants are seeking.

**LOCATION: Johansen High School Pool**  
641 Norseman Drive, Modesto  
**5-12 yrs Mon-Thur 8 sessions/\$60**

#49410	Jun 18-Jun 28	11:30-11:55 am
#49415	Jun 18-Jun 28	4:30-4:55 pm
#49418	Jun 18-Jun 28	5-5:25 pm
#49413	Jul 9-Jul 19	10:30-10:55 am
#49452	Jul 9-Jul 19	11:30-11:55 am
#49417	Jul 9-Jul 19	4:30-4:55 pm
#49419	Jul 9-Jul 19	5:30-5:55 pm
#49411	Jul 9-Jul 19	6-6:25 pm
#49412	Jul 23-Aug 2	10-10:25 am
#49420	Jul 23-Aug 2	10:30-10:55 am
#49421	Jul 23-Aug 2	11:30-11:55 am
#49422	Jul 23-Aug 2	4:30-4:55 pm
#49423	Jul 23-Aug 2	6-6:25 pm

Additional Private and/or group swim classes may become available if pool space and staffing allows. Please add name to waitlist for desired class time through e-connect (on-line registration system). We will contact you if spots become available.  
Time, date and locations may vary.

**Adult Water Exercise**

Course designed to teach adults how to stretch and tone muscles using water resistance. This class helps you work out harder while supporting the body and helping prevent aches and pains that can be experienced when exercising on dry land.

**LOCATION: Johansen High School Pool**  
641 Norseman Drive, Modesto

#49754 18+ yrs 6 sessions/\$36  
Jun 18-Jul 11 Mon, Wed, 6-6:45 pm  
Holiday: No Class July 2 & 4

#49755 18+ yrs 6 sessions/\$36  
Jul 16-Aug 1 Mon, Wed, 6-6:45 pm

**LOCATION: Burris Pool, Sonoma Elem.**  
1325 Sonoma Ave, Modesto

#49753 18+ yrs 8 sessions/\$48  
Apr 30-May 23 Mon, Wed 7:30-8:15 pm

#49756 18+ yrs 6 sessions/\$36  
Jul 17-Aug 2 Tue, Thu, 6:30-7:15 am

**Adult Public Lap Swimming**

Tired of the same old exercise routine? Want to enjoy the summer sun during your workouts? Get out of the gym! Try lap swimming for a new kind of workout. You'll feel the difference after the first day! Sign the kids up for swim lessons and swim yourself at the same time. Morning and evening adult lap swim hours are available this summer.

**LOCATION: Johansen High School Pool**  
641 Norseman Drive, Modesto

Jun 18-Aug 2 Mon-Thur/ \$2  
10:30 am-12:30 pm and 4:30-6:30 pm  
Due to Holiday: No lap swim July 2-5

**Spring Board Diving – Beginning**

This course will teach the basics of springboard diving, including the approach, headfirst entry, forward, and back dive.

**LOCATION: Johansen High School Pool**  
641 Norseman Drive, Modesto

#49702 8-17 yrs 8 sessions/\$55  
Jun 18-Jun 28 Mon-Thur 10-10:50 am

#49703 8-17 yrs 8 sessions/\$55  
Jul 9-Jul 19 Mon-Thur 10-10:50 am

**Spring Board Diving – Advanced**

This course is designed for high school divers and/or those who have already learned the basics.

**LOCATION: Johansen High School Pool**  
641 Norseman Drive, Modesto

#49704 12-18 yrs 8 sessions/\$55  
Jun 18-Jun 28 Mon-Thur 11-11:50 am

#49705 12-18 yrs 8 sessions/\$55  
Jul 9- July 19 Mon-Thur 11-11:50 am

**AQUA CAMP**

This camp is for swimmers who have passed level one or higher. Come out and hang at the pool this summer during Aqua Camp! Activities include water games, mini swim lessons, diving contests, daily arts and crafts and free swim. Campers are able to participate in daily Rec swim from 1-4 pm. Campers will be provided a daily snack and they will be offered the opportunity to complete a different craft each day. Please bring a sack lunch, water, swimsuit, towel, sandals and sunscreen each and everyday of camp.

**LOCATION: Johansen High School Pool**  
641 Norseman Drive, Modesto

#49757 6-14 yrs 4 sessions/\$75  
Jul 2-Jul 7 Mon-Fri 10 am-4 pm  
Holiday: No Camp Wednesday, July 4

**AQUATIC FITNESS CAMP**

This camp is for swimmers who have passed Level 2 or higher. Join our trained aquatic staff for daily fun, games and activities designed to refine swimming strokes, build endurance and begin to learn competitive swimming techniques. There will be a swim event to show off your new skills on Saturday, the last day of camp.

**LOCATION: Johansen High School Pool**  
641 Norseman Drive, Modesto

#49758 8-15 yrs 5 sessions/\$45  
Jul 2-Jul 7 Mon-Fri 4:30-5:30 pm  
Jul 7 Sat 10 am-noon  
Holiday: No Camp Wednesday, July 4

## Public Recreational Swim

Monday–Saturday, 1-4 pm

Pool Open: Jun 15–Aug 3

Pool Closed: June 25 & 26  
and July 4

**Johansen High Pool**  
641 Norseman Drive

### Pool Admission

Youth (17 & under)	\$1.00
Adult (18+)	\$2.00
Senior (62+)	\$1.25
Disabled	\$1.25

Swim cards are available at the following locations:

Tenth Street Place  
1010 Tenth Street, Ste. 4400  
Mon-Fri, 8:30 am-4:30 pm

Senior Citizens Center  
211 Bodem Street  
Mon, Wed, Fri, 8 am-4 pm  
Tues & Thurs, 9 am-3 pm

Maximum 20 days of swim may be pre-purchased with swim card. Cards may be used at Johansen and are required at Burris pool. Cash will not be accepted at Burris pool.

### Adult Public Lap Swimming Johansen High Pool

\$2 per session

Jun 25-Aug 2  
Mon-Thur  
10:30 am-12:30 pm  
AND

4:30-6:30 pm

\*No lap swim July 2-5

For more information on any of these programs, call

### Junior Lifeguard Program

Prerequisites: Swim front crawl 25 yards continuously with breathing, tread water for 1 minute, submerge and swim distance of 10 feet underwater. The Junior Lifeguard program is designed to guide youth to the American Red Cross lifeguarding program by building a foundation of knowledge, attitudes and skills for future lifeguards. This foundation consists of five categories: Prevention, Fitness, Response, Leadership and Professionalism. The program does not give participants the information and skills required to be a certified lifeguard. The program will introduce the skills needed for entry to the Lifeguard Training Course, communication and decision making skills and the basic responsibilities of a lifeguard. This is a training program designed for those interested in working towards becoming a certified lifeguard.

**LOCATION: Johansen High School Pool**  
641 Norseman Drive, Modesto

#49752 12-15 yrs 12 sessions/\$80  
Jul 9-Aug 1 Mon-Wed 5:15-6:30 pm

### Senior/Disabled Swim

A drop-in program for seniors and disabled persons designed to stretch their muscles, work their joints and get them moving in an indoor heated therapeutic pool. A swim card is required. Cash is not accepted at pool site (see box on next page for more information). Pool closed on major holidays.

**LOCATION: Burris Pool, Sonoma**  
1325 Sonoma Avenue

April 2-June 7 Mon-Thur, 3:30-5 pm

June 18-August 2 Mon-Thur, 12:30-2 pm



## ARCHERY

### Archery

The Yahi Bowmen of Modesto offers this course in the fundamentals of archery. The day begins with 45 minutes of instruction followed by hands-on archery activities; handling the equipment and shooting at targets. The day ends with a barbecue lunch. Participants receive a certificate of completion, club pin and a workbook.

**INSTRUCTOR:** Yahi Bowmen of Modesto  
**LOCATION:** Archery Range at the Modesto Reservoir  
18143 Reservoir Road

#49004 8 yrs-up 1 session/\$30  
Apr 21 Sat, 9 am-2 pm



## ART

The following art classes are provided in partnership with the Central California Art Association (CCAA). Instructors are qualified and experienced art educators. For questions regarding supplies and/or course information, contact the CCAA at (209) 529-3369.

### Mommy/Daddy & Me - Part 1

Adults will assist their child in experiencing the fun of painting and creating with color. Each week will be a different art adventure. An adult must accompany child. Supplies furnished.

**INSTRUCTOR:** Central CA Art Assoc.  
**LOCATION:** Mistlin Gallery  
1015 J Street

#48996 4-5 yrs 4 sessions/\$40  
Jun 13-Jul 11 Wed, 10:30-11:30 am  
HOLIDAY: July 4