

FREE TEEN/ADULT PROGRAMS

Clase de Computadores

Le temes a las computadoras? Sientes que la tecnología te deja atrás? Ven y participa en este curso en español. Por 6 semanas aprenderas como prender y apagar la computadora, a componer y guardar documentos, y organizar tus documentos.

INSTRUCTOR: Stephanie

LOCATION: Maddux Youth Center
615 Sierra Drive

18+ años	3 semanas/GRATIS
junio 12,19,26	
julio 10, 17, 24	
agosto 14, 21, 28	sábado, 11 am-1 pm

Cardio Kick-Boxing

Train your body, tone your muscles and tune-up your fitness level in a high-energy cardio workout utilizing martial arts and boxing training methods. Develop your style as you learn kick-boxing skills and increase your cardio endurance, flexibility and endurance.

LOCATION: Maddux Youth Center
615 Sierra Drive

16+ yrs	FREE
Jul 12-Sept 6	Mon, noon-1 pm

The Girl's Circle

This consciousness-raising group developed for girls ages 11-14 acts as a safe place to question why things are the way they are and to have questions about life answered. It is a place where critical thinking about our lives, our relationships and our community are valued and encouraged. It is a place where girls know they matter. For more information, contact Melanie at (209) 341-2950.

LOCATION: Maddux Youth Center
615 Sierra Drive

11-14 yrs	Six weeks/FREE
Jun 15-Jul 20	Tue, 3-5 pm

PAL Boxing

Learn the fundamental skills of boxing. Compete in amateur boxing events. Both boys and girls are welcome! For more information or to register, call coach Louie Jordan or Eddie Diaz at (209) 544-3651.

LOCATION: Maddux Youth Center
615 Sierra Drive

10-17 yrs	ongoing/FREE
	Mon-Thur, 4-6 pm

Wii Bowling

Want to be part of the Maddux Youth Center's own bowling league? Join today! Sharpen your skills and put them to use against your competitors! Space is limited. For more information, call Melanie at (209) 341-2950.

LOCATION: Maddux Youth Center
615 Sierra Drive

11-17 yrs	FREE
Jun 18-Aug 20	Fri, 2:30-4:30 pm

Wii Time 4 Teens

Calling all teens! You too want time on the Wii? Well, you got it! Come hang out with your friends and bring on the competition. Winner gets bragging rights!

LOCATION: Maddux Youth Center
615 Sierra Drive

12-17 yrs	FREE
Jun 17-Aug 19	Thur, 3-6 pm

Wii Yoga

Enjoy this low impact, but effective, workout in a calm and relaxing atmosphere. This class will give great results while using exercise balls. Great people, fun class and a great way to get into shape!

INSTRUCTOR: Jenny
LOCATION: Maddux Youth Center
615 Sierra Drive

16+ yrs	FREE
Jul 10-Aug 28	Sat, 10-11 am

SPECIAL EVENTS FOR ALL AGES

Talent Extravaganza

Cheer on family members, friends and favorites in a Talent Extravaganza! Teens ages 13-19 will compete in four categories: Vocal (solo, duet, ensemble), Instrumental (solo, duet, ensemble), Theatre/Drama (dramatic or poetry reading, monologue, comedy routine), or Dance (tap, jazz, modern, ballet, Hip-Hop). Winners from each category will receive awards.

LOCATION: Maddux Youth Center
615 Sierra Drive

Jun 11	Fri, 5-7 pm	FREE
--------	-------------	------

Ninth Annual Health Fair

The Tzu Chi Foundation will provide FREE clinical services to the community, including dentistry, blood pressure check, chiropractic, optometry, and acupuncture. Take this opportunity to gather resources from local community-based agencies and receive the basic health services that you have been needing!

LOCATION: Maddux Youth Center
615 Sierra Drive

Jul 18	Sun, 9 am-4 pm	FREE
--------	----------------	------

National Night Out Celebration

Join us as we co-sponsor and support the Modesto Police Department and many others across the nation in celebration of this year's National Night Out program. This program is designed to heighten crime and drug awareness, support local anti-crime programs, strengthen neighborhood partnerships and let criminals know neighborhoods are fighting back. Community resources, entertainment and refreshments provided!

LOCATION: Maddux Youth Center
615 Sierra Drive

Aug 3	Tue, 4-7 pm	FREE
-------	-------------	------

CLASSES

FREE PROGRAMS

SPECIAL EVENTS

SENIORS

FACILITIES